



## WHAT DO I NEED BEFORE I CAN PARTICIPATE IN BCS ATHLETICS?

### Athletic Forms and Fees:

- Please go to [www.bellevuechristian.org](http://www.bellevuechristian.org) click "Athletics"  
At the top you will find "Athletic Eligibility Packet". You will find all necessary forms.
- These forms/fees **must** be completed **before you can participate!**
- ***The Insurance / Uniform Waiver and the Emergency Medical Information must be filled out each year a student participates in athletics.***
- ***Physical Form must be signed by your doctor.***
- Athletic forms must be turned in one week prior to start of season.
- Athletic fees: \$150 for one sport / \$300 for two or more sports. *After teams have been finalized (7-10 days), athletic fees will be added to your tuition account.*
- You need 10 practices before you can participate in first contest.

### Physical Information:

- **A complete physical is needed at the beginning of 7<sup>th</sup> grade, 9<sup>th</sup> grade and 11<sup>th</sup> grade.** (
- ***The Insurance / Uniform Waiver and the Emergency Medical Information forms must be filled out each year a student participates in athletics!***
- Physical examinations are valid for **24** consecutive months.
- New students need a new physical the year they enter BCS.
- BCS reserves the right to request additional physical examinations based on need.

### Transfer Students

10<sup>th</sup>, 11<sup>th</sup>, 12<sup>th</sup> grade transfer students from another Eastside/Seattle school need to complete eligibility forms from WIAA before they can participate in any sport. These forms can be picked up in the Athletic Office.

### Any questions?

Activities/Athletic Office 425.454.4028

Activities/Athletic Director - Mark DeJonge x 126- [mdejonge@bcsmail.org](mailto:mdejonge@bcsmail.org)

Athletic Assistants- Terry x 112-[tfoster@bcsmail.org](mailto:tfoster@bcsmail.org)  
Ann x 143-[akats2@bcsmail.org](mailto:akats2@bcsmail.org)